



from Italy around the world with flavour aus Italien mit Geschmack rund um die Welt  
de Italia en el mundo con sabor **dall'Italia nel mondo con gusto** de l'Italie dans le monde avec goût

## Spring in Piedmont with taste: wine, castles, craft and ancient traditions

4 days – 24<sup>th</sup>/27<sup>th</sup> April 2009

I-PIE-04-10



**Friday 24<sup>th</sup> April 2009:** Meeting with local guide at the airport in **Turin/Milan** or at **East Asti** toll, hotel accommodation and departure for **Castell'Alfero** to visit an artisan that builds traditional casks and barriques. Excursion to **Castagnole Monferrato**, land of the less known DOC wines *Cortese dell'Alto Monferrato*, *Grignolino d'Asti* and *Ruché di Castagnole*. Tasting of wine-cocktail (it's possible, on request, to participate at a little wine-cocktail lesson with following tasting) and welcome Monferrato dinner with seasonal menu; Return to the hotel and overnight.

**Saturday 25<sup>th</sup> April 2009:** After breakfast, departure for **Roero**, to admire the Castle of **Cisterna** and its interesting *Museum of country tools and ancient crafts*. Following excursion to **La Morra**, to see from the famous "Belvedere", the wonderful sea of vines that surround the little village. Following departure for **Barolo** to visit the regional *Enoteca* inside its castle. Light lunch. In the afternoon, excursion to **Verduno** to meet a producer of the local wines *Barolo* and *Nebbiolo d'Alba* and discover the DOC wine *Pelaverga di Verduno*. In the late afternoon: we'll visit **Alba** and its historical centre. Following participation at *Vinum*, a wine exhibition that join together excellent local and Italian wine producers. Free time at disposal for a walk and dinner among stands of typical products and entertainment proposals. Return to the hotel.

**Tour Gourmet s.r.l. – Tour Operator**

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**Sunday 26<sup>th</sup> April 2009:** After breakfast, departure for **Agliano Terme**, famous for its sulphur waters and visit of the Thermal Baths near **Fonti**. We'll later participate at the *Regional Feast of Barbera*. Visit of the Wine Labels' Exhibition and tasting of *Barbera d'Asti*. Lunch with a menu prepared by Pro Loco or in a country-inn. Following excursion to **Mombaruzzo** and visit of the local distillery *Fratelli Berta*, to plunge in the world of grappa and distillates. Tasting together with the typical biscuits, the "amaretti". Gala comparison dinner: guests will taste dishes of both Piedmontese country poor and noble cuisine together with Monferrato wines in restaurant *Da Violetta* in **Calamandrana**. Final tasting of distillates with local wines (Barbera or Barolo Chinato). Return to the hotel and overnight.

**Monday 27<sup>th</sup> April 2009:** After breakfast, departure for **Bormida Valley**; stop in **Bubbio** for a visit to a country estate, producer of the typical old mais (old Piedmont cultivar) and to see the stone mill. Following visit to an original Arabian wild horses stud-farm. Transfer to the ovine and goat pastures in **Roccoverano**, to a country estate that breeds sheep and produces the DOP cheese Robiola di Roccoverano; tasting of cheese with honey and cugnà. Langa goodbye lunch with the typical dish "fritto misto alla piemontese", house made tallarin with *Dolcetto d'Asti* in a country-inn in **Monastero Bormida**. Tasting of the last glass (the so called *bicchiere della staffa*) and departure of guests. End of the tour.

It's possibile to add or modify a day with this option:

After breakfast, departure for **Venaria** and visit of the royal Palace, the "Piedmont's Versailles" whose precious halls and wonderful gardens have been recently restored. Visit of its stables. Following excursion to **Vidracco** to plunge in the magic world of *Damanhur* among esoteric, past and modern craftsmanship laboratories, art and above all the fascinating, underground *Man Temple* with memories of the ancient civilizations that are projected to present and future days. Light lunch with a seasonal biological menu, entertained by the music of plants, in a country-inn. In the afternoon, walk through **Turin** between baroque and Renaissance palaces and visit of the *Mole Antonelliana*, symbol of the town, and the *National Film Museum*. Departure of guests, end of the tour.

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